

BIBLIOGRAPHY

ELEVATING ETHNIC DIETS IN HEALTH PROMOTION

DIET ID WEBINAR, FEBRUARY 17, 2021

New York Times Article: Is American Dietetics a White Bread World? These Dietitians Think So

<https://www.nytimes.com/2020/12/07/dining/dietitian-diversity.html>

Our Idea of Healthy Eating Excludes Other Cultures, and That's a Problem

<https://www.self.com/story/our-idea-of-healthy-eating-excludes-other-cultures-and-thats-a-problem>

Your Nutrition Advice Won't Help if It's Not Culturally Sensitive

<https://www.self.com/story/culturally-sensitive-nutrition-advice>

Cultural Humility in Food & Nutrition

<https://www.todaysdietitian.com/newarchives/0221p24.shtml>

Diversify Dietetics

<https://www.diversifydietetics.org/>

Hispanic Food Communications, Inc.

<https://www.hispanicnutrition.com/>

Oldways

<https://oldwayspt.org/>

RESOURCES FROM OLDWAYS:

A comprehensive list and summary of Traditional Diet Research Studies

<https://oldwayspt.org/health-studies>

Blog

<https://oldwayspt.org/blog>

Why Traditional Diets?

<https://oldwayspt.org/traditional-diets/why-traditional-diets>

Video about A Taste of African Heritage (scroll down just a bit...)

<https://oldwayspt.org/programs/african-heritage-health>

African Heritage & Health Resources

<https://oldwayspt.org/programs/african-heritage-health/african-heritage-health-resources>

<https://health.usnews.com/health-news/blogs/eat-run/articles/food-is-a-window-to-cultural-diversity>